

Antipasti

Sautéed Asparagus, Black Pepper, Olive Oil	11
*2 oz Beef Carpaccio, Arugula, Capers, Lemon, Olive Oil	15
*Tuna Tartare, Avocado, Soy Sauce	17
Shrimp Cocktail, Horseradish	20

Insalate

Arugula, Lemon, Olive Oil	10
Chopped Romaine, Green Beans, Tomatoes, Cucumbers, Avocado, Mustard, Cider Vinegar	13
Warm Spinach, Roasted Red Peppers, Portobellos, Olive Oil, Apple Cider	12
Endive, Fennel, Cucumbers, Lemon Lime	12

Caserecci

6/8 oz Oven Roasted Chicken, Grilled Zucchini, Summer Squash, Lemon Basil Vinaigrette	24/27
*6/8 oz Pan Seared Salmon, Cucumbers, Tomato Parsley Salad, Lemon Olive Oil	31/34
6/8 oz Sautéed Jumbo Shrimp, Asparagus Spears, Lemon Sauce	34/37
*6/8 oz Blackened Tuna, Grilled Eggplant, Chive Butter	35/38
*6/8 oz Filet Mignon, Spicy Cauliflower Rice, Spinach	43/46
*8 oz Flat Iron Steak, Crispy Wild Mushrooms, Broccoli Rabe	30
Two Pound Butter Poached Lobster, 6 oz Lobster Meat, Green Beans, Cauliflower Purée	47

Dolce

Lemon, Lime Sorbet	12
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☞All of the entrees are based on 6 - 8 ounces of protein and 2 cups of vegetables total per meal.☞
All of the vegetables and fish will be cooked in olive oil, grilled or steamed.

No sugars are added to the vinaigrettes.

☞Please note that not all ingredients are listed☞

We purify our water, ice & coffee, with Premium Aqua Health Filter System.

Before placing your order, please inform your server if a person in your party has a food allergy.

* These items are served raw or may be cooked to order. The Commonwealth of Massachusetts suggests that raw or undercooked meats or seafood may increase your risk of food borne illnesses, especially if you have certain medical conditions.

Awaken180° is located in Newton, Peabody, Quincy and Seekonk, MA.


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